



# Sherburn Community Gymnastics Club

## Health & Safety Policy

Sherburn Community Gymnastics Club recognises the duties it has under the Health & Safety Acts and regulations, to ensure the safety, health and welfare of all Club members, coaches, helpers, officials and visitors within the club.

The club will endeavour to promote the highest standards of care for all by:-

- Adopting the British Gymnastics Health, Safety and Welfare Policy. A copy of which is available for download on the British Gymnastics website.
- Providing the correct qualified coach to pupil ratio
- Working to session plans and badge schemes that are governed by British Gymnastics
- Ensuring that risk assessments are in place for all equipment and are up to date
- Ensuring equipment is kept in good condition, yearly written inspections are undertaken and all equipment is visually inspected prior to use by the coach in charge
- Ensuring that club codes of conduct are in place and adhered to at all times
- Ensuring all members of staff are suitably trained and have a full understanding of all the clubs codes and policies
- Ensuring all members of Sherburn Community Gymnastics Club team including volunteers have undertaken safeguarding training at the appropriate level
- Ensuring best practice coaching guidelines are followed at all times
- Ensuring skills are taught safely and progressively taking into consideration the ability of each individual gymnast
- Ensuring a minimum of at least 2 adults are present in each training session
- Keep a register of all participants, together with emergency contact details of their next of kin and details of any underlying medical conditions, available at all times
- Ensuring that a qualified first aider and well stocked first aid kit is available at every session and that adequate arrangements are in place in the event of an accident
- Ensure that reporting procedures are adhered to following any accidents or incidents
- Follow a robust evacuation plan in the event of a fire
- Operate an open training environment
- Ensuring that any cleaning materials are kept in a locked cupboard at all times